Wildwood's Family Support Services

For more information please contact:

Michelle Singh, LMSW, RYT 500, Coordinator of Family Support Services 1190 Troy-Schenectady Road Latham, NY 12110

> P: 518.640.3350 F: 518.640.3401

msingh@wildwoodprograms.org

www.wildwoodprograms.org



Sorse

Social Relationships and Sexuality Education



What is SoRSE?

SoRSE stands for Social Relationships and Sexuality Education. It is a Family Support Service program designed to provide individuals and families with resources, education, information and expertise on any topics related to social relationships and sexuality. This is accomplished by the SoRSE providing a variety of services according to what an individual or family needs.

Who is eligible for the services of SoRSE?

This program is designed for adolescents or adults of all ages who live with a family member and are currently OPWDD eligible.

Family members who support individuals who meet this criteria are also eligible to receive these services.

What are the services that SoRSE provides?

The SoRSE program, through Wildwood's Family Support Services, provides resources by holding group sessions, counseling, trainings/workshops, consent assessments and overall support.

•Group sessions are held with a variety of curriculum of classes. Content may range from social relationships, dating, sexual relationships, marriage, online safety and informed consent.

• Counseling may involve individuals, couples and families in areas related to relationships and sexuality.

•Individual or family trainings are offered related to social skills, dating and relationships.

•Individual consent assessments are administered to determine an individual's ability to provide informed consent in areas related to sexuality.

SoRSE - Education, Support, Guidance. We are here for you!